

**PEDIATRIC HEALTH  
ASSESSMENT FORM  
18 MONTHS**

CHILD'S NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

AGE: \_\_\_\_\_ ALLERGIES: \_\_\_\_\_

ANY CURRENT OR RECENT MEDICATIONS? \_\_\_\_\_

PAST AND CURRENT MEDICAL PROBLEMS? \_\_\_\_\_

PRESENT CONCERNS/PROBLEMS: \_\_\_\_\_

ACCOMPANIED BY: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

**DAILY LIVING: (FILLED OUT BY PARENT OR GUARDIAN)**

**DIET:** MILK TYPE: (circle) WHOLE, 2%, 1%, SKIM NUMBER OF OUNCES PER DAY \_\_\_\_\_  
OTHER DAIRY (like cheese or yogurt) SERVINGS/DAY \_\_\_\_\_  
SOLID FOODS (SERVINGS/DAY) CEREAL/BREAD/GRAIN \_\_\_\_\_ FRUIT \_\_\_\_\_ VEGS \_\_\_\_\_ MEAT/PROTEIN \_\_\_\_\_  
BABY OR TABLE FOOD? \_\_\_\_\_  
JUICE (OUNCES/DAY) \_\_\_\_\_ WATER (OUNCES/DAY) \_\_\_\_\_  
WATER SUPPLY (CIRCLE): CITY WELL BOTTLED IF BOTTLED, NURSERY OR REGULAR? \_\_\_\_\_  
DOES THE CHILD GET circle FLUORIDE - VITAMINS - IRON SUPPLEMENTS

- ANY SIBLING RIVALRY OR JEALOUSY?.....  NO  YES  
ANY STRESSFUL SITUATIONS IN THE HOUSEHOLD? describe briefly.....  NO  YES  
DO PARENTS OR CAREGIVERS EVER SMOKE?.....  NO  YES  
IS REAR FACING CAR SEAT USED ALL THE TIME?.....  NO  YES  
HAVE SMOKE ALARMS?.....  NO  YES  
ANY EXPOSURE TO ANYONE WITH TB OR WITH HIGH RISK (BORN OR LIVED  
OUTSIDE THE UNITED STATES, HOMELESS, INCARCERATED, HIV/DRUG USE)? .....  NO  YES  
HOUSE BUILT BEFORE 1980, OR LOCATED NEAR LEAD-RELATED INDUSTRIES?.....  NO  YES  
HOUSEHOLD MEMBER/CLOSE CONTACT WITH HIGH LEAD WORK/HOBBY EXPOSURE?....  NO  YES  
OTHER LEAD EXPOSURE (I.E.: EATS NON-FOOD ITEMS / PICA; USE ANTIQUE DISHES, ETC;  
USE PRODUCTS FROM OTHER COUNTRIES SUCH AS HEALTH REMEDIES, ETC.).....  NO  YES

ANY PROBLEMS WITH BOWEL MOVEMENTS/ URINE STREAM? \_\_\_\_\_

DESCRIBE SLEEP HABITS (HOURS/DAY): \_\_\_\_\_ NUMBER OF NAPS PER DAY(HR/DAY) \_\_\_\_\_

- DOES THE CHILD SLEEP IN OWN CRIB?.....  NO  YES  
DOES THE CHILD HAVE A BOTTLE AT NIGHT?.....  NO  YES  
DOES CHILD SLEEP THROUGH THE NIGHT WITHOUT FEEDING?.....  NO  YES

DESCRIBE WORK/DAY CARE SITUATION: \_\_\_\_\_

WHO LIVES AT HOME? \_\_\_\_\_

LAST DENTAL EXAM? \_\_\_\_\_

**DEVELOPMENT: (FILLED OUT BY PARENT OR GUARDIAN)**

- ANY CONCERNS ABOUT VISION OR HEARING?.....  NO  YES  
DRINKS FROM CUP/ USES SPOON?.....  NO  YES  
FOLLOWS INSTRUCTIONS?.....  NO  YES  
POINTS TO NAMED BODY PARTS?.....  NO  YES  
PULLS YOU TO SHOW YOU THINGS?.....  NO  YES  
SAYS 5-15 WORDS (IN ADDITION TO "MAMA/DADA")?.....  NO  YES  
SHOWS AND OFFERS TOYS TO ADULTS?.....  NO  YES  
STACKS OBJECTS ON TOP OF ANOTHER?.....  NO  YES  
STOOPS OVER AND STANDS BACK UP?.....  NO  YES  
THROWS AN OBJECT?.....  NO  YES  
WALKS WELL/ WALKS UP STAIRS?.....  NO  YES  
WANTS TO DO THINGS ON HIS/HER OWN?.....  NO  YES  
SCRIBBLES WITH PEN OR CRAYON?.....  NO  YES